

Out of Fear-Into Security

[fear in the journey]
Exodus 14

What are you afraid of? How has that affected your life?

Why do we fear? What's that really all about?

[first fears]
Genesis 3.7-10

Have you ever thought about what your fears are preventing you from experiencing? Does it seem like it's worth it? Explain.

Erom-

Genesis 2.25

Can you identify with the Israelites in Exodus 14? How?

Arom-

Haba-

Why do you think Adam and Eve were afraid of God? How did that happen?

Why were they afraid?

What stands out to you about God's response to their fear?

Who told you?

How do we tend to think God will react to our brokenness and messiness? Why?

coverings

Describe the ways that fear enters into our relationship with God in a negative way.

Fear and hiding seem connected-why might this be true?

Going Deeper—Living it Out

[putting it together]
Why are we afraid?

How to hide:
Exodus 14.13-14

Psalms 56

1 John 4.18

Who told you?

[big questions]

What are you afraid of? What fears are controlling you?

What lies are feeding your fears?

What will it take for you to trust God more?

OUT OF / INTO

Going Deeper—Living it Out

Is it possible that when we are afraid, we actually hide in the wrong place? Explain.

Why do we have a difficult time trusting God?

According to Psalm 56, why is He trustworthy?

How do you need to let God provide your covering?

In what ways do you need to be still and let God fight for you?

MEMORIZE THIS!

There is no fear in love, but perfect love casts out fear. For fear has to do with punishment, and whoever fears has not been perfected in love.
- 1 John 4.18 (ESV)